

**HEAT TREATMENT NOTICE  
AND  
INSTRUCTION SHEET**



Your cooperation is required in preparing for the Thermal Remediation service. In order to achieve a successful treatment certain steps must be taken. If you cannot perform these preparation requirements please alert management right away. If we can answer any questions to make this easier do not hesitate to contact our office.

**Please check each box as you begin to prepare your home:**

- Prior to our arrival all clothing including clothes from dressers, storage units, bedding, linens, towels, blankets, comforters, etc must be washed in hot water, dry cleaned, steam cleaned or placed in a dryer for a minimum of one (1) hour. This will kill bedbugs. Once this is completed put clean items into a clean and tightly sealed bag. Please mark this as cleaned. You can store this in the kitchen/bathroom. \*\* It is a requirement that this be done prior to our arrival \*\*
- All closet shelves and floors must be cleared of stored items. Place anything removed into laundry baskets or open containers for heat to penetrate. Clothing items should be addressed as stated above.
- Waterbed must be drained to ensure the frame is well heated.
- Airbeds need to be partially deflated to prevent damage. Pumps used to inflate mattresses must be unplugged.
- All electronics must be unplugged including computers, stereos, TV's, gaming systems, clock radios, Ipod's, etc.
- Batteries and devices containing batteries such as radios, toys and remote control units (including Laptops, TV, VCR remotes and garage door opener) must have the battery removed and should be placed in the bathroom. Remove batteries from smoke detectors.
- Small pictures and paperwork/items that may blow around with high volume air movement must be placed into a container such as a laundry basket to allow air flow. Do not place in solid plastic containers as this restricts air flow.
- Do not move items from bedrooms as these items may have bedbugs and/or eggs on them.
- Please Note: The fabric covering on the underside of your box spring(s) & all other furniture will be removed. This is to ensure the heat will be able to penetrate. They will not be re attached.
- All pieces of luggage must be emptied and left open. All items in the luggage must be handled in the appropriate manner as described above.
- Mattresses and box springs must be covered with Protect-A-Bed cover purchased from EHS. These covers ensure that any bedbugs or eggs inside the mattress do not emerge. These covers will be installed for you by our Thermal Specialists after the treatment is completed.

**What to expect when returning to your home:**

- ✓ EHS cares about your belongings and will handle them with care. You will notice things may not be in the same area they were when you left. Items must be constantly moved to ensure proper air flow & lethal temperatures are reached. Please understand that you will need to return items to their proper placement.
- ✓ The room temperatures will be elevated. Feel free to open windows to get the rooms to a comfortable temperature.
- ✓ Bedbug activity can continue after the treatment is complete. Please note any activity sighted and notify us right away.



Environmental Health Services, Inc.  
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During the time required to heat your structure, the potential for damage to furnishings and fixtures is practically non-existent. The following precautions are suggested in order to protect items of a more delicate nature. Any items removed should be packed in tightly sealed containers or plastic bags. Inspect each item, if bedbug activity is noted leave item in the bathroom to be treated. EHS is not responsible for any damage that may occur. DO NOT reuse the bag or container once you put the items back.

Items that are impractical to remove can either be wrapped in an insulating material or moved to an area like the kitchen that will be at cooler temperatures.

Please **check each box** to acknowledge understanding. Remove from the treatment area the following items:

- Persons, plants (including seeds and bulbs) and animals (including fish and birds) for at least eight (8) hours.
- Crayons, art supplies, candles, paraffin wax, and canning wax, art objects including, raw wood objects, wooden art objects, and handicrafts assembled with hot melt glue.
- Medicines, vitamins, and cosmetics.
- Flammable/ combustible chemical compounds including gasoline, propane, butane, & compressed gasses. This includes all aerosol cans & spray cleaners containing distillates.
- Unframed photographs in open areas.
- Aerosol cans and spray cleaners containing distillates.
- Undeveloped photo materials and related chemicals.
- Musical instruments (may detune due to expansion and contraction).
- Magnets (like those used to hold notes on refrigerators).
- Fresh produce including fruits and vegetables. Candy, chocolates, and any food that may melt.
- Carbonated beverages, wines, liquors and drink mixes made with artificial sweeteners.
- Oil paintings, acrylics (art work), paintings and pictures.
- Antique furniture with finish or fragile glue points.
- Vinyl items (wallpaper, mini & vertical blinds, etc.).
- Family heirlooms/irreplaceable items should be inspected & determined if need be treated or removed.

**IMPORTANT:** I HAVE READ THIS PREPARATION SHEET CAREFULLY AND I UNDERSTAND COMPLIANCE IS NOT ONLY VITAL BUT MANDATORY. I AM SIGNING THIS DOCUMENT BECAUSE I UNDERSTAND & ACCEPT THE PREPARATION INSTRUCTIONS & GUIDELINES LISTED ON THIS SHEET.

PRINT NAME: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_



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