



For an instructional video go to: <http://ehspest.com/bed-bugs-prep-video-htm>

### Bedbug Preparation Checklist

1. Remove items from within all drawers in bedrooms & living room
2. Remove items from tops of furniture (knick knacks, breakables, pictures etc)
3. Remove all items/books from bookcases
4. Remove all items from closets in bedrooms & living room
5. Remove items from under beds

The clothing & curtains should be washed & dried in hot water or dry cleaned. Put them in bags, wash them and put them in a new bag or plastic container. Once the treatment is complete you can put them back.

Other items such as books, knick knacks etc should be placed into plastic or metal storage bin that can be completely sealed with a no pest strip (Hot Shot No Pest Strip can be purchased a local hardware store). You can also use large plastic sealable bags such as Ziplock Big Bags. No clothing, plush or cloth items should be placed in the bin/bag with a pest strip. Within 48 hours all bedbugs & their eggs should be killed. These items can be stored in the kitchen or bathroom. We will not need to focus treatment in these areas. We do not recommend removing any items from your home until all treatments are complete.

1. Clear perimeters of all bedrooms & living room so the technician can access all areas to treat.
2. Provide unrestricted access to all wood furniture, headboard, footboard, nightstand, mattress, box spring etc. so they can be treated.
3. Please consider purchasing a cover for your mattress & box spring after all services are complete [www.protectabed.com](http://www.protectabed.com)

Please follow these instructions fully for all services to ensure a successful treatment. Preparation is extremely important. It is very difficult to eliminate bedbugs if the full preparation is not done.



Environmental Health Services, Inc.  
823 Pleasant Street ■ Norwood, MA 02062  
Phone 781.769.9111 ■ Fax 781.769.1115 ■ [www.ehspest.com](http://www.ehspest.com)

### What to Expect

1. Your beds will be taken apart to be treated
2. The dust catcher will be removed from your box spring
3. The dust catcher will be removed from your sofa/chair/loveseat
4. Pictures may be taken off the walls
5. All drawers will be removed

**DO NOT TREAT WITH PRODUCTS YOU CAN BUY ON YOUR OWN! This will render our treatment useless.**

Your mattress and box spring may be left leaning against the wall. We ask that you put these items back together after treatment.

All occupants and pets must be removed for a minimum of four (4) hours after treatment. If you have a fish tank, please cover and disconnect the Oxygen supply pump.

Do not attempt to perform your own treatment, it may cause our application to become ineffective or worsen the situation by spreading these insects throughout the structure

We intend to utilize one or more of the following materials: Tri-Die EPA Reg. #499-385, Phantom Aerosol EPA Reg. #7969-285, Alpine Dust EPA Reg. #499-527, Transport GHP EPA Reg. #8033-96-279. In many situations we find it necessary to use other EPA registered materials. If you have any questions, please call our office.

The following additional information is available:

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| Pregnancy Hotline  | 800-322-5014 |
| The Department of Food and Agriculture, Pesticide Bureau | 617-629-1781 |
| Dept. of Public Health                                   | 617-624-6000 |
| EPA Pesticide Hotline                                    | 800-858-7378 |
| Massachusetts Poison Control System                      | 617-232-2120 |



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